

Wyniki OPEN 11km Mosina 2022-09-25

| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Mosina | Czas brutto | Tempo min/km | Wynik netto |
|----------|----------|-------------------------|-------------|------------------------|--------|------|---------|---------|--------------|-------------|--------------|----------------|
| 1. | 244 | Jasiak Przemysław | Konin | | 1991 | M30 | gen. | 1. | | 0:42:45 | 3:53 | 0:42:43 |
| 2. | 304 | Kozłowski Dawid | Łukowo | KęsyTeam | 1984 | M30 | gen. | 2. | | 0:43:47 | 3:58 | 0:43:45 |
| 3. | 323 | Krzyżek Michał | Mosina | Sanfilippo Team | 1983 | M30 | gen. | 3. | 1. | 0:45:28 | 4:07 | 0:45:25 |
| 4. | 313 | Dąbrowski Dawid | Kościan | | 1981 | M40 | 1. | 4. | | 0:46:20 | 4:12 | 0:46:16 |
| 5. | 229 | Bura Krystian | Leszno | #BiegajLeszno | 1985 | M30 | 1. | 5. | | 0:47:18 | 4:17 | 0:47:14 |
| 6. | 332 | CICHOCKI IGOR | Poznań | KS Polonia Środa Wlkp. | 2006 | M20 | 1. | 6. | | 0:49:38 | 4:30 | 0:49:34 |
| 7. | 320 | NOWAKOWSKI MAREK | Góra | RUNNING FAMILI | 1975 | M40 | 2. | 7. | | 0:49:48 | 4:31 | 0:49:46 |
| 8. | 334 | Daniłowicz Janusz | Krosno | | 1981 | M40 | 3. | 8. | 2. | 0:50:52 | 4:36 | 0:50:38 |
| 9. | 324 | Kuzak Bożena | Poznań | | 1983 | K30 | gen. | 1. | | 0:51:17 | 4:39 | 0:51:13 |
| 10. | 321 | Wojciechowski Kamil | Góra | RUNNING FAMILI | 1979 | M40 | 4. | 9. | | 0:51:17 | 4:39 | 0:51:14 |
| 11. | 293 | Biernacki Rafał | Kościan | | 1975 | M40 | 5. | 10. | | 0:51:31 | 4:40 | 0:51:26 |
| 12. | 328 | Olejniczak Piotr | Mosina | Rawa Team | 1989 | M30 | 2. | 11. | 3. | 0:52:15 | 4:44 | 0:52:08 |
| 13. | 355 | Wieczorkowski Władysław | Poznań | | 1956 | M60+ | 1. | 12. | | 0:52:32 | 4:46 | 0:52:29 |
| 14. | 343 | Niżewski Paweł | Czapury | Krakowiak Ultra Team | 1980 | M40 | 6. | 13. | 4. | 0:52:41 | 4:47 | 0:52:38 |
| 15. | 219 | Murawski Paweł | Poznań | | 2002 | M20 | 2. | 14. | | 0:53:12 | 4:48 | 0:52:50 |
| 16. | 282 | Cieślik Mateusz | Oborniki | Team APK | 1999 | M20 | 3. | 15. | | 0:52:59 | 4:48 | 0:52:56 |
| 17. | 239 | Falkiewicz Dorota | Poznań | Fordon Bronx | 1984 | K30 | gen. | 2. | | 0:53:11 | 4:49 | 0:53:07 |
| 18. | 253 | Walkowiak Dominika | Leszno | #BiegajLeszno | 1991 | K30 | gen. | 3. | | 0:54:10 | 4:55 | 0:54:06 |
| 19. | 213 | Fabian Magdalena | Poznań | | 1987 | K30 | 1. | 4. | | 0:54:16 | 4:55 | 0:54:07 |
| 20. | 218 | Baraniak Adrian | Mosina | | 2000 | M20 | 4. | 16. | 5. | 0:54:14 | 4:55 | 0:54:08 |
| 21. | 344 | Okhrym Olga | Poznań | | 1995 | K20 | 1. | 5. | | 0:54:32 | 4:57 | 0:54:29 |
| 22. | 283 | Langner Basia | Batorowo | | 1984 | K30 | 2. | 6. | | 0:54:47 | 4:58 | 0:54:42 |

| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Mosina | Czas brutto | Tempo min/km | Wynik netto |
|----------|----------|---------------------|-----------------|--------------------------|--------|------|---------|---------|--------------|-------------|--------------|----------------|
| 23. | 226 | Cieślik Zdzisław | Gołańcz | # Team RUN Gołańcz | 1958 | M60+ | 2. | 17. | | 0:55:10 | 5:00 | 0:55:06 |
| 24. | 227 | Komisarczyk Iwona | Inowrocław | Inowrocław Biega | 1972 | K50 | 1. | 7. | | 0:55:13 | 5:00 | 0:55:09 |
| 25. | 212 | Wojszczyk Radosław | Dymaczewo Stare | POVVER | 1984 | M30 | 3. | 18. | 6. | 0:55:17 | 5:01 | 0:55:11 |
| 26. | 326 | Renk Rafał | Poznań | #zaliniametyteam | 1973 | M40 | 7. | 19. | | 0:55:41 | 5:02 | 0:55:28 |
| 27. | 231 | Żyłka Łukasz | Wiry | | 1992 | M30 | 4. | 20. | | 0:55:37 | 5:02 | 0:55:31 |
| 28. | 352 | Borowski Maciej | Zagórz | | 1991 | M30 | 5. | 21. | | 0:55:37 | 5:03 | 0:55:33 |
| 29. | 333 | Charłęza Jagoda | Poznań | Charłęza zawsze zwycięża | 1990 | K30 | 3. | 8. | | 0:55:54 | 5:04 | 0:55:48 |
| 30. | 342 | Niżewski Jakub | Czapury | Krakowiak Ultra Team | 2007 | M20 | 5. | 22. | 7. | 0:55:58 | 5:04 | 0:55:49 |
| 31. | 316 | Jerzyk Marcin | Poznań | Formatio.pl Poznań | 1976 | M40 | 8. | 23. | | 0:55:59 | 5:05 | 0:55:56 |
| 32. | 305 | Kurzawski Dariusz | Poniec | | 1991 | M30 | 6. | 24. | | 0:56:11 | 5:05 | 0:56:05 |
| 33. | 345 | Borowski Karol | Krosno | | 1990 | M30 | 7. | 25. | 8. | 0:56:11 | 5:06 | 0:56:07 |
| 34. | 278 | Waneczek Paweł | Drużyna | | 1985 | M30 | 8. | 26. | 9. | 0:56:28 | 5:06 | 0:56:14 |
| 35. | 214 | Maciuk Krzysztof | Leszno | ACTIVE LIFESTYLE | 1989 | M30 | 9. | 27. | | 0:56:19 | 5:06 | 0:56:16 |
| 36. | 255 | Wojnarowski Michał | Poznań | Night Runners | 1984 | M30 | 10. | 28. | | 0:56:31 | 5:07 | 0:56:21 |
| 37. | 307 | Ciesielski Łukasz | Kościan | | 1978 | M40 | 9. | 29. | | 0:56:30 | 5:07 | 0:56:22 |
| 38. | 285 | Rzanny Mariusz | Szczecinek | | 1982 | M40 | 10. | 30. | | 0:56:37 | 5:08 | 0:56:28 |
| 39. | 268 | Ciesielski Krystian | Nowy Lubosz | | 1977 | M40 | 11. | 31. | | 0:56:37 | 5:08 | 0:56:33 |
| 40. | 284 | Ławrowski Marcin | Batorowo | Żbiki | 1983 | M30 | 11. | 32. | | 0:56:46 | 5:09 | 0:56:40 |
| 41. | 87 | Woźniak Krzysztof | Leszno | KAT-W | 1988 | M30 | 12. | 33. | | 0:56:44 | 5:09 | 0:56:40 |
| 42. | 294 | CZAJKOWSKI Stefan | Oborniki | Tem apk | 1997 | M20 | 6. | 34. | | 0:57:00 | 5:09 | 0:56:48 |
| 43. | 329 | Tobis Marek | Świątniki | | 1961 | M60+ | 3. | 35. | 10. | 0:57:14 | 5:11 | 0:57:11 |
| 44. | 232 | Szymanowski Michał | Luboń | | 1985 | M30 | 13. | 36. | | 0:57:29 | 5:12 | 0:57:20 |
| 45. | 254 | Borowski Wojciech | Jarocin | | 1978 | M40 | 12. | 37. | | 0:57:49 | 5:14 | 0:57:35 |
| 46. | 301 | Luhm Katarzyna | Wągrowiec | LISI OGON | 1988 | K30 | 4. | 9. | | 0:57:49 | 5:14 | 0:57:39 |
| 47. | 298 | Sierakowska Izabela | Wągrowiec | LisiOgon | 1990 | K30 | 5. | 10. | | 0:57:59 | 5:15 | 0:57:49 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Mosina | Czas brutto | Tempo min/km | Wynik netto |
|----------|----------|-------------------------|--------------------|-------------------|--------|------|---------|---------|--------------|-------------|--------------|----------------|
| 48. | 327 | Zinko Paweł | Zakrzewo | | 1972 | M50 | 1. | 38. | | 0:58:13 | 5:17 | 0:58:08 |
| 49. | 303 | Grzelczak Łukasz | Cerekwica | | 1981 | M40 | 13. | 39. | | 0:58:23 | 5:17 | 0:58:13 |
| 50. | 302 | Meissner Michał | Śrem | Grupa Meissner | 1988 | M30 | 14. | 40. | | 0:58:24 | 5:17 | 0:58:17 |
| 51. | 309 | Dublaga Michał | Poznań | #biegiemwlas | 1989 | M30 | 15. | 41. | | 0:58:31 | 5:18 | 0:58:24 |
| 52. | 217 | Dymarski Robert | Mosina | Mosina Biega | 1980 | M40 | 14. | 42. | 11. | 0:58:57 | 5:21 | 0:58:51 |
| 53. | 277 | Grześ Marek | Śrem | Runner's Power | 1958 | M60+ | 4. | 43. | | 0:59:26 | 5:23 | 0:59:13 |
| 54. | 221 | Gronek Damian | Czempiń | Kulawe Dziki Team | 1987 | M30 | 16. | 44. | | 0:59:24 | 5:23 | 0:59:18 |
| 55. | 337 | Pacholski Bernard | Gostyń | | 1982 | M40 | 15. | 45. | | 0:59:21 | 5:23 | 0:59:21 |
| 56. | 286 | Marszałkiewicz Adrianna | Chmielinko | Rozbiegany Lwówek | 1995 | K20 | 2. | 11. | | 0:59:30 | 5:24 | 0:59:26 |
| 57. | 108 | Grochowski Mateusz | Luboń | | 1988 | M30 | 17. | 46. | | 0:59:43 | 5:24 | 0:59:33 |
| 58. | 357 | Marciniak Piotr | Luboń | | 1985 | M30 | 18. | 47. | | 0:59:41 | 5:25 | 0:59:41 |
| 59. | 235 | Łopaczyk Magdalena | Wilkowice | | 1983 | K30 | 6. | 12. | | 0:59:58 | 5:26 | 0:59:47 |
| 60. | 82 | Pieszak Marcin | Luboń | | 1984 | M30 | 19. | 48. | | 1:00:00 | 5:26 | 0:59:49 |
| 61. | 246 | Jarczyńska Karolina | Mosina | Mosina Biega | 1980 | K40 | 1. | 13. | 1. | 1:00:09 | 5:27 | 1:00:02 |
| 62. | 322 | Zwierzchowski Andrzej | Poznań | | 1971 | M50 | 2. | 49. | | 1:00:18 | 5:28 | 1:00:09 |
| 63. | 266 | Juskowiak Mikołaj | Leszno | | 1984 | M30 | 20. | 50. | | 1:00:32 | 5:29 | 1:00:21 |
| 64. | 269 | Biernat Rafał | Krosinko | Biegam dla siebie | 1976 | M40 | 16. | 51. | 12. | 1:00:58 | 5:31 | 1:00:47 |
| 65. | 351 | Hać Łukasz | Poznań | Byle do mety... | 1990 | M30 | 21. | 52. | | 1:01:10 | 5:31 | 1:00:51 |
| 66. | 348 | Aftyka Krzysztof | Oborniki | Byle do mety... | 1990 | M30 | 22. | 53. | | 1:01:11 | 5:32 | 1:00:54 |
| 67. | 263 | Żminkowski Paweł | Zalasewo | SW | 1976 | M40 | 17. | 54. | | 1:01:26 | 5:34 | 1:01:14 |
| 68. | 356 | Chąpinska Weronika | Tanibórz | | 1995 | K20 | 3. | 14. | | 1:01:52 | 5:36 | 1:01:40 |
| 69. | 347 | Jarmuda Justyna | Poznań | | 1982 | K40 | 2. | 15. | | 1:02:19 | 5:38 | 1:02:06 |
| 70. | 256 | Wilczyński Krzysztof | Poznan | | 1960 | M60+ | 5. | 55. | | 1:02:20 | 5:38 | 1:02:07 |
| 71. | 241 | Wawrzyniak Tomasz | Środa Wielkopolska | | 1988 | M30 | 23. | 56. | | 1:02:12 | 5:38 | 1:02:08 |
| 72. | 319 | Hoffmann Grzegorz | Czempiń | Kościan Team | 1977 | M40 | 18. | 57. | | 1:02:27 | 5:39 | 1:02:09 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Mosina | Czas brutto | Tempo min/km | Wynik netto |
|----------|----------|-------------------------|-------------|------------------------------|--------|-----|---------|---------|--------------|-------------|--------------|----------------|
| 73. | 267 | Patela Maciej | Borkowice | Mosina Biega/Mosina Team | 1979 | M40 | 19. | 58. | 13. | 1:02:22 | 5:39 | 1:02:15 |
| 74. | 260 | Sikora Justyna | Kościan | Kościan Team | 1967 | K50 | 2. | 16. | | 1:02:37 | 5:40 | 1:02:22 |
| 75. | 349 | Woźniak Tomasz | Komorniki | BBL Luboń | 1980 | M40 | 20. | 59. | | 1:02:31 | 5:40 | 1:02:23 |
| 76. | 216 | Błażejczak Konrad | Głogów | | 1985 | M30 | 24. | 60. | | 1:02:39 | 5:40 | 1:02:28 |
| 77. | 220 | Lewandowski Paweł | Mosina | | 1979 | M40 | 21. | 61. | 14. | 1:02:42 | 5:41 | 1:02:32 |
| 78. | 211 | Marciniak Mariusz | Poznań | Phoenix contact wielkopolska | 1985 | M30 | 25. | 62. | | 1:02:44 | 5:41 | 1:02:39 |
| 79. | 224 | Kasperczak Marietta | Krosno | OSiR Mosina | 1985 | K30 | 7. | 17. | 2. | 1:03:20 | 5:44 | 1:03:13 |
| 80. | 287 | Czeska Karolina | Mosina | Lampart Trening | 1990 | K30 | 8. | 18. | 3. | 1:03:33 | 5:45 | 1:03:22 |
| 81. | 236 | Bartłomiejczak Kamil | Borkowice | | 1994 | M20 | 7. | 63. | 15. | 1:03:48 | 5:46 | 1:03:35 |
| 82. | 325 | Mostowska Mariola | Kościan | Kościan Team | 1966 | K50 | 3. | 19. | | 1:03:55 | 5:47 | 1:03:38 |
| 83. | 311 | Kubiaczyk Adrianna | Mosina | @Extremepeppa | 1990 | K30 | 9. | 20. | 4. | 1:03:54 | 5:48 | 1:03:48 |
| 84. | 318 | Linke Józef | Krosinko | Krosinko Biega :-) | 1964 | M50 | 3. | 64. | 16. | 1:04:14 | 5:48 | 1:03:58 |
| 85. | 296 | Drabarek Paweł | Nowieczek | | 1995 | M20 | 8. | 65. | | 1:04:26 | 5:50 | 1:04:17 |
| 86. | 261 | Pyłczewska-Breza Renata | Racot | Helios Czempin Team | 1964 | K50 | 4. | 21. | | 1:04:29 | 5:50 | 1:04:20 |
| 87. | 317 | Pertek Michał | Mosina | | 1980 | M40 | 22. | 66. | 17. | 1:04:46 | 5:52 | 1:04:35 |
| 88. | 257 | Kleiber Barbara | Mosina | | 1981 | K40 | 3. | 22. | 5. | 1:04:52 | 5:52 | 1:04:38 |
| 89. | 291 | Szefer Krzysztof | Mosina | 1981 Mosina | 1981 | M40 | 23. | 67. | 18. | 1:04:45 | 5:52 | 1:04:39 |
| 90. | 280 | Szkopek Hania | Wiórek | | 1974 | K40 | 4. | 23. | 6. | 1:04:57 | 5:53 | 1:04:50 |
| 91. | 312 | Łopatowski Łukasz | Puszczkowo | | 1984 | M30 | 26. | 68. | | 1:05:02 | 5:54 | 1:04:54 |
| 92. | 354 | Sroka Monika | Mosina | | 1982 | K40 | 5. | 24. | 7. | 1:05:40 | 5:57 | 1:05:28 |
| 93. | 265 | Rozzak-Patela Justyna | Borkowice | SP Krosno | 1979 | K40 | 6. | 25. | 8. | 1:05:54 | 5:58 | 1:05:47 |
| 94. | 310 | Miedziarek Monika | Mosina | | 1983 | K30 | 10. | 26. | 9. | 1:05:58 | 5:59 | 1:05:51 |
| 95. | 306 | Patela Kacper | Borkowice | KS 1920 MOSINA | 2007 | M20 | 9. | 69. | 19. | 1:06:06 | 5:59 | 1:05:55 |
| 96. | 262 | Matczak Paweł | Poznań | Wataha Łączy Nas Bieganie | 1968 | M50 | 4. | 70. | | 1:06:16 | 5:59 | 1:05:59 |
| 97. | 238 | Dydyska Anna | Puszczkowo | | 1983 | K30 | 11. | 27. | | 1:06:19 | 6:01 | 1:06:11 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Mosina | Czas brutto | Tempo min/km | Wynik netto |
|----------|----------|-----------------------|------------------------|------------------------------|--------|------|---------|---------|--------------|-------------|--------------|----------------|
| 98. | 264 | Wojtkowiak Robert | Krosno | | 1985 | M30 | 27. | 71. | 20. | 1:06:24 | 6:01 | 1:06:13 |
| 99. | 210 | Woźniak Marcin | Krosno | | 1987 | M30 | 28. | 72. | 21. | 1:06:34 | 6:01 | 1:06:19 |
| 100. | 358 | Lewandowski Marek | Lubon | | 1958 | M60+ | 6. | 73. | | 1:07:04 | 6:04 | 1:06:54 |
| 101. | 258 | Kleiber Michał | Mosina | | 1978 | M40 | 24. | 74. | 22. | 1:07:18 | 6:05 | 1:06:56 |
| 102. | 230 | Szymański Tomasz | Mosina | | 1968 | M50 | 5. | 75. | 23. | 1:07:14 | 6:05 | 1:06:57 |
| 103. | 233 | GROCHOLEWSKI LESZEK | LUBOŃ | MOTOR LUBON TEAM | 1963 | M50 | 6. | 76. | | 1:07:19 | 6:06 | 1:07:09 |
| 104. | 525 | Chudziński Marcin | Mosina | Mosina Biega | 1981 | M40 | 25. | 77. | 24. | 1:07:26 | 6:06 | 1:07:10 |
| 105. | 336 | Pilaczyński Robert | Komorniki | | 1974 | M40 | 26. | 78. | | 1:07:18 | 6:06 | 1:07:12 |
| 106. | 248 | Fiksa Piotr | Krosno | Biegacze Ściemniacze | 1977 | M40 | 27. | 79. | 25. | 1:07:26 | 6:06 | 1:07:12 |
| 107. | 297 | PARZEŃCKI Robert | Czapury | Emitel Team | 1972 | M50 | 7. | 80. | 26. | 1:07:29 | 6:06 | 1:07:15 |
| 108. | 225 | Szewczyk Marta | Krosno | | 1983 | K30 | 12. | 28. | 10. | 1:07:29 | 6:07 | 1:07:20 |
| 109. | 300 | Wierzbńska Julita | Krosno | | 1988 | K30 | 13. | 29. | 11. | 1:07:31 | 6:07 | 1:07:20 |
| 110. | 314 | Kupc Agata | Gdynia | Grupa Meissner | 1981 | K40 | 7. | 30. | | 1:07:39 | 6:08 | 1:07:31 |
| 111. | 83 | Leśniewicz Przemysław | Leszno | #Biegaj Leszno | 1983 | M30 | 29. | 81. | | 1:08:02 | 6:09 | 1:07:49 |
| 112. | 242 | Sitek Wiesława | Puszczkowo | | 1978 | K40 | 8. | 31. | | 1:09:16 | 6:17 | 1:09:10 |
| 113. | 240 | Mroczyński Arkadiusz | Chocicza | | 1990 | M30 | 30. | 82. | | 1:09:43 | 6:19 | 1:09:37 |
| 114. | 243 | Pigłowski Marcin | Środa Wielkopolska | | 1988 | M30 | 31. | 83. | | 1:09:42 | 6:19 | 1:09:37 |
| 115. | 340 | Koluszenko Kinga | Komorniki | | 1982 | K40 | 9. | 32. | | 1:10:03 | 6:20 | 1:09:50 |
| 116. | 341 | Józefowski Marcin | Plewiska | | 1982 | M40 | 28. | 84. | | 1:10:05 | 6:21 | 1:09:51 |
| 117. | 275 | Rosół Anna | Krosno | | 1969 | K50 | 5. | 33. | 12. | 1:10:42 | 6:24 | 1:10:32 |
| 118. | 335 | Grabińska Angelika | Komorniki | Watacha łączy nas bieganie | 1980 | K40 | 10. | 34. | | 1:11:19 | 6:27 | 1:11:02 |
| 119. | 273 | Marciniak Karolina | Kościan | Kościan Team | 1973 | K40 | 11. | 35. | | 1:11:18 | 6:27 | 1:11:03 |
| 120. | 223 | Urbanek Monika | Poznań | Phoenix contact wielkopolska | 1986 | K30 | 14. | 36. | | 1:11:38 | 6:29 | 1:11:27 |
| 121. | 247 | Kosicki Marcin | Głuchowo gm. Komorniki | Biegacze Ściemniacze | 1973 | M40 | 29. | 85. | | 1:11:52 | 6:30 | 1:11:37 |
| 122. | 279 | Ratajczak Agnieszka | Kościan | | 1975 | K40 | 12. | 37. | | 1:11:54 | 6:30 | 1:11:38 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Mosina | Czas brutto | Tempo min/km | Wynik netto |
|----------|----------|----------------------------|---------------|-------------------------|--------|-----|---------|---------|--------------|-------------|--------------|----------------|
| 123. | 252 | Krzyżańska Arleta | Kościan | Kościan Team | 1966 | K50 | 6. | 38. | | 1:11:55 | 6:30 | 1:11:39 |
| 124. | 295 | Bela Beata | Wrocław | | 1970 | K50 | 7. | 39. | | 1:11:56 | 6:31 | 1:11:45 |
| 125. | 290 | Gierszewska Joanna | Krosno | | 2006 | K20 | 4. | 40. | 13. | 1:12:38 | 6:35 | 1:12:31 |
| 126. | 299 | Waligórska Agnieszka | Luboń | Flaming w biegu | 1976 | K40 | 13. | 41. | | 1:12:56 | 6:36 | 1:12:38 |
| 127. | 331 | Majchrzak Konieczna Joanna | Kościan | | 1978 | K40 | 14. | 42. | | 1:12:56 | 6:36 | 1:12:40 |
| 128. | 271 | Woźniak Michał | Krosno | Biegacze Ściemniacze | 1977 | M40 | 30. | 86. | 27. | 1:13:18 | 6:38 | 1:13:03 |
| 129. | 228 | Ciąpała Paulina | Mosina | Dzikie Świnie | 1988 | K30 | 15. | 43. | 14. | 1:14:24 | 6:44 | 1:14:14 |
| 130. | 350 | Skwarek Agnieszka | Poznań | | 1990 | K30 | 16. | 44. | | 1:14:39 | 6:46 | 1:14:30 |
| 131. | 338 | Budajczak Krzysztof | Koźmin Wlkp. | | 1974 | M40 | 31. | 87. | | 1:15:04 | 6:48 | 1:14:48 |
| 132. | 339 | Stefan Kinga | Miejska Górka | | 1985 | K30 | 17. | 45. | | 1:19:06 | 7:10 | 1:18:54 |
| 133. | 237 | Bartłomiejczak Hanna | Borkowice | | 1996 | K20 | 5. | 46. | 15. | 1:19:07 | 7:10 | 1:18:54 |
| 134. | 346 | Stefan Jakub | Miejska Górka | | 2005 | M20 | 10. | 88. | | 1:19:07 | 7:10 | 1:18:55 |
| 135. | 289 | Mikołajczak Magdalena | Czempiń | | 1990 | K30 | 18. | 47. | | 1:19:42 | 7:13 | 1:19:26 |
| 136. | 288 | Franka Magdalena | Leszno | | 1978 | K40 | 15. | 48. | | 1:20:04 | 7:15 | 1:19:48 |
| 137. | 249 | Michalska Marlena | Kościan | Kościan Team | 1967 | K50 | 8. | 49. | | 1:20:18 | 7:16 | 1:20:04 |
| 138. | 276 | Dzięcielska Agnieszka | Poznań | | 1976 | K40 | 16. | 50. | | 1:20:47 | 7:19 | 1:20:30 |
| 139. | 77 | Adamska Ewa | Komorniki | HERNIK TEAM | 1984 | K30 | 19. | 51. | | 1:20:47 | 7:19 | 1:20:30 |
| 140. | 251 | Naglak Hubert | Szelejewo | Hell's gym OCR Pępowo | 1995 | M20 | 11. | 89. | | 1:23:31 | 7:35 | 1:23:28 |
| 141. | 245 | Stachowiak Patryk | Mosina | | 1989 | M30 | 32. | 90. | 28. | 1:27:08 | 7:53 | 1:26:52 |
| 142. | 270 | Wydymus Szymon | Swarzędz | Kwiaty u Beaty Swarzędz | 1986 | M30 | 33. | 91. | | 1:27:46 | 7:57 | 1:27:27 |
| 143. | 315 | Matuszewska-Wydymus Anna | Gruszczyn | | 1982 | K40 | 17. | 52. | | 1:27:47 | 7:57 | 1:27:28 |

